for so many souls that are going astray daily for want of help, then they would not be put to shame when they appear before God, and must give an account of the goods of which he has made them stewards. That is a great deal easier to say than to do.

On the 10th of January the cold was [66 i.e., 69] very severe. I see daylight a great part of the winter only through ice. The crusts of ice gather upon the windows of my cell or little room, and fall like a lozenge, or a piece of glass, when the cold relaxes. It is through this crystal that the Sun sends us his light. Several times I have found large pieces of ice, formed by my breath, attached to my blanket in the morning; and, forgetting to shake them off, I found them there still in the evening. I have sometimes seen them in France, but rarely, and they were very small compared with these.

As we have neither a spring nor a well, we are obliged to go for water every day to the river, from which we are distant about 200 steps. But to get it, we must first break the ice with heavy blows [70] from an axe; and after that we must wait until the sea comes up, for when the tide is low you cannot get water because of the thickness of the ice. We throw this water into a barrel, which is not far from a good fire; and yet we must be careful to break the layer of ice every morning, otherwise, in two nights, it would be one mass of ice, even if the barrel were full.

One of our countrymen was thirsty, when in the woods, and so thought to lap a little snow from the axe which he held; when he touched the iron his tongue stuck fast, and froze so quickly and so solidly, that in suddenly withdrawing the axe, on account of